

COACH CERTIFICATION

How to Complete Certification:

1. Login to your USA Lacrosse account here: [USA Lacrosse Login](#)
2. On the left, click the red button that says: **TRANSCRIPT**
3. On the left, click the section: **BOYS/GIRLS COACHES - BRONZE CERTIFICATION (2024)**
4. Click on each individual course to be directed to the e-Learning platform to complete

Required Courses for BRONZE Level Certification:

- **Abuse Prevention Training*****
 - 60–90 minutes to complete. Required every 2 years.
- **Cultural Competency**
 - 60–90 minutes to complete. One-time requirement.
- **All Coaches - Concussion Awareness*****
 - 30–45 minutes to complete. Annual requirement.
- **All Coaches - Sudden Cardiac Arrest*****
 - 10–15 minutes to complete. Annual requirement.
- **Boys/Girls Coaches - 2024 Rules Exam:**
 - 15–30 minutes to complete. Annual requirement.

*** If you have already completed these courses through NFHS or another sports organization, you can submit your certificate to the following email to get credit: coaches@usalacrosse.com

Optional Courses Included with your Membership:

- **All Coaches - Your Role as a Coach**
- **All Coaches - Elevating Your Coaching IQ**
- **All Coaches - Effectively Coaching Gen Z**

Find more info and tips on the e-Learning Program here: [e-Learning Program](#)